

Sandwich List Allergens

Sandwich Description	Celery (Y/N)	Gluten from Wheat, Rye, Barley, Oats (Y/N)	Crustaceans (Y/N)	Eggs (Y/N)	Fish (Y/N)	Lupin (Y/N)	Milk (Y/N)	Molluscs (Y/N)	Mustard (Y/N)	Nuts (Y/N)	Peanuts (Y/N)	Sesame Seeds (Y/N)	Soya (Y/N)	Sulphur Dioxide & Sulphites (Y/N)
Sliced Chicken/Chicken Mayo/ Chicken & Sweetcorn Chicken & Bacon		✓		✓			✓		✓					
Chicken Tikka Mayo/ Coronation Chicken		✓		✓			✓		✓					
B.L.T.		✓		✓			✓		✓					
Turkey Salad & Mayo Turkey Bacon Salad & Mayo		✓		✓			✓							
Turkey Bacon Stuffing / Turkey Bacon Cranberry		✓					✓							
Ham Salad, Beef Salad/ Corned Beef Salad		✓					✓							
above plus mayo		✓		✓			✓		✓					
Cheese & Ham Cheese, Ham & Tomato Cheese & Ham Salad		✓					✓							
above plus mayo		✓		✓			✓		✓					
Cheese & Ham & Pickle/ Corned Beef & Pickle		✓					✓							✓
Tuna Mayo/Tuna Mayo Corn/ Tuna Mayo Savoury		✓		✓			✓							
Cheddar & Spring Onion Mayo/ Cheese Savoury/ Cheese Salad & Mayo		✓		✓			✓		✓					
Egg Mayo		✓		✓			✓							
Cheese Salad/ Brie Salad/Brie & Cranberry		✓					✓							
Cheese Ploughman's Houmous & Roasted Veg/ Houmous & Salad/ Flavoured Houmous & Salad		✓					✓					✓		✓
Vegan Cheese Ploughmans		✓												✓
Vegan Cream Cheese & Salad/Roasted Veg		✓								✓			✓	
Roasted Veg (Vegan)/ Roasted Butternut Squash/ Vegan Houmous, Spinach & Roasted Peppers		✓										✓		
Vegan Cheese & Tomato/ Vegan Cheese & Salad		✓												

Gluten-Free versions will be as above, but without Gluten.

Lactose-Free/Dairy-Free versions will be as above, but without Milk.(a suitable plant-based spread will be used)

Savoury Items

Product Description	Celery (Y/N)	Gluten from Wheat, Rye, Barley, Oats (Y/N)	Crustaceans (Y/N)	Eggs (Y/N)	Fish (Y/N)	Lupin (Y/N)	Milk (Y/N)	Molluscs (Y/N)	Mustard (Y/N)	Nuts (Y/N)	Peanuts (Y/N)	Sesame Seeds (Y/N)	Soya (Y/N)	Sulphur Dioxide & Sulphites (Y/N)
Sausage Rolls		Y					Y							Y
Pork Pies		Y												
Southern Fried Chicken Goujons	Y	Y												
Samosas		Y								May	May	May	Y	
Spring rolls		Y								May	May	Y	Y	
Spinach Pakora														
Cheese & Onion "Sausage Rolls"		Y					Y		Y	May			Y	
Vegan Sausage Rolls		Y												
Mini Quiche		Y		Y			Y		Y					
Duck Spring Rolls		Y										Y	Y	
Spicy Sweetcorn/Pea & Mint Fritters														
Mini Pizzas		Y					Y		May					
Assorted Falafels eg Sweet Potato Curry Ball														
Onion Bhaji		Y								May	May	May		
(We use a 2 nd version of Onion Bhajis specifically for customers with allergies; these contain none of The 14 standard FSA allergens).														
Mini Gourmet Pies		Y		Y			Y		Y					
Chicken Tikka Skewer							Y		May	May	May			
Sweet Chilli Dip (Allergen Free)														

Crisps, Cakes & Breakfast Items

Product Description	Celery (Y/N)	Gluten from Wheat, Rye, Barley, Oats (Y/N)	Crustaceans (Y/N)	Eggs (Y/N)	Fish (Y/N)	Lupin (Y/N)	Milk (Y/N)	Molluscs (Y/N)	Mustard (Y/N)	Nuts (Y/N)	Peanuts (Y/N)	Sesame Seeds (Y/N)	Soya (Y/N)	Sulphur Dioxide & Sulphites (Y/N)
Assorted Cake Platter		Y												
Fruit Platter/Fruit Pots														
Yoghurt & Granola Pots		Y					Y							
Walker's Crisps	May	May					May		May				May	
Bacon Barm		Y					Y							
Sausage Barm		Y					Y							
Egg Barm		Y					Y							
Vegan Sausage Barm		Y												
Vegetarian Sausage Barm		Y					Y							
Gluten-Free Bacon Barm or Egg Barm		Y		Y			Y							
Assorted Danish Pastry Platter		Y		Y			Y			Y	May	May	May	